

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: VZF

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:4, starttime: 14:06
Heat: 4/4 Lane : 3 Athlete: DE DECKER FEBE			Q-time: 01:07:05
PB (50m pool): 01:06.34 Antwerpen 27/07/2025			PB (25m pool): 01:05.12 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.57	01:06.34	
	00:30.57	00:35.77	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:3, starttime: 14:26
Heat: 3/3 Lane : 4 Athlete: NAZARUK NICOLE			Q-time: 01:05:24
PB (50m pool): 01:05.24 Antwerpen 27/04/2025			PB (25m pool): 01:02.83 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.41	01:05.24	
	00:31.41	00:33.83	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:3, starttime: 14:26
Heat: 3/3 Lane : 5 Athlete: METZEMAKERS LÉA			Q-time: 01:07:08
PB (50m pool): 01:08.47 Eindhoven 16/03/2025			PB (25m pool): 01:07.96 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.24	01:08.47	
	00:33.24	00:35.23	
			

Coach feedback:

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Event number: 24: 100M BREASTSTROKE MEN 17+			Heat:3, starttime: 14:31
Heat: 3/3 Lane : 4 Athlete: VRANKEN BARTEL			Q-time: 01:03:22
PB (50m pool): 01:03.22 Antwerpen 27/04/2025			PB (25m pool): 01:00.99 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.32	01:03.22	
	00:29.32	00:33.90	
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:4, starttime: 14:36
Heat: 4/4 Lane : 2 Athlete: LUYTEN JULIE			Q-time: 00:29:12
PB (50m pool): 00:29.12 Wezenberg 05/01/2025			PB (25m pool): 00:28.33 SB: no time
	5 0 M		
PB	00:29.12		
	00:29.12		
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:8, starttime: 14:52
Heat: 8/8 Lane : 7 Athlete: DE DECKER FEBE			Q-time: 01:01:14
PB (50m pool): 01:00.55 Antwerpen 27/07/2025			PB (25m pool): 00:59.35 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.05	01:00.55	
	00:29.05	00:31.50	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:7, starttime: 15:03
Heat: 7/8 Lane : 4 Athlete: LISSENS TUUR			Q-time: 00:56:65
PB (50m pool): 00:55.79 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:54.46 SB: no time
	5 0 M	1 0 0 M	
PB	00:26.96	00:55.79	
	00:26.96	00:28.83	
			

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 15-16			Heat:8, starttime: 15:05
Heat: 8/8 Lane : 1 Athlete: DELIE VICO			Q-time: 00:56:25
PB (50m pool): 00:56.25 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:54.32 SB: no time			
	5 0 M	1 0 0 M	
PB	00:27.36	00:56.25	
	00:27.36	00:28.89	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:8, starttime: 15:05
Heat: 8/8 Lane : 2 Athlete: BHIJA TARIQ			Q-time: 00:55:61
PB (50m pool): 00:55.31 Antwerpen 27/07/2025 PB (25m pool): 00:53.16 SB: no time			
	5 0 M	1 0 0 M	
PB	00:26.69	00:55.31	
	00:26.69	00:28.62	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:1, starttime: 15:06
Heat: 1/6 Lane : 4 Athlete: VAN BRABANDT JULIETTE			Q-time: 99:99:99
PB (50m pool): 00:37.44 Antwerpen 16/04/2023 PB (25m pool): 00:36.53 SB: no time			
	5 0 M		
PB	00:37.44		
	00:37.44		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:5, starttime: 15:11
Heat: 5/6 Lane : 1 Athlete: NAZARUK NICOLE			Q-time: 00:38:87
PB (50m pool): 00:37.47 Antwerpen 16/04/2023 PB (25m pool): 00:36.59 SB: no time			
	5 0 M		
PB	00:37.47		
	00:37.47		
			

Coach feedback:

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Event number: 29: 50M BREASTSTROKE WOMEN 17+		Heat:5, starttime: 15:11
Heat: 5/6 Lane : 3 Athlete: METZEMAKERS LÉA		Q-time: 00:37:18
PB (50m pool): 00:38.45 Antwerpen 16/04/2023 PB (25m pool): 00:37.06 SB: no time		
	5 0 M	
PB	00:38.45	
	00:38.45	
		

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+		Heat:5, starttime: 15:11
Heat: 5/6 Lane : 4 Athlete: MICHIELS NORE		Q-time: 00:36:83
PB (50m pool): 00:36.83 Eindhoven 16/03/2025 PB (25m pool): 00:34.62 SB: no time		
	5 0 M	
PB	00:36.83	
	00:36.83	
		

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+		Heat:6, starttime: 15:19
Heat: 6/6 Lane : 2 Athlete: VRANKEN BARTEL		Q-time: 00:25:80
PB (50m pool): 00:25.80 Wezenberg 05/01/2025 PB (25m pool): 00:25.71 SB: no time		
	5 0 M	
PB	00:25.80	
	00:25.80	
		

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+		Heat:6, starttime: 15:19
Heat: 6/6 Lane : 4 Athlete: VERRETH NOAH		Q-time: 00:24:57
PB (50m pool): 00:24.47 Antwerpen 21/04/2024 PB (25m pool): 00:23.94 SB: no time		
	5 0 M	
PB	00:24.47	
	00:24.47	
		

Coach feedback:

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Event number: 30: 50M BUTTERFLY MEN 17+		Heat:6, starttime: 15:19
Heat: 6/6 Lane : 5 Athlete: LAMMENS SEPPE		Q-time: 00:25:12
PB (50m pool): 00:27.20 ANTWERPEN 23/04/2023 PB (25m pool): 00:25.12 SB: no time		
	5 0 M	
PB	00:27.20	
	00:27.20	
		

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+		Heat:6, starttime: 15:19
Heat: 6/6 Lane : 6 Athlete: WAERNIERS BERE		Q-time: 00:25:78
PB (50m pool): 00:26.02 Eindhoven 16/03/2025 PB (25m pool): no time SB: no time		
	5 0 M	
PB	00:26.02	
	00:26.02	
		

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+		Heat:6, starttime: 15:19
Heat: 6/6 Lane : 7 Athlete: VAN HOEY BILLIET ALEXANDER		Q-time: 00:26:20
PB (50m pool): 00:25.71 Antwerpen 27/07/2025 PB (25m pool): 00:25.19 SB: no time		
	5 0 M	
PB	00:25.71	
	00:25.71	
		

Coach feedback: